Guidelines for Preventing the Spread of the Novel Coronavirus

1. Wash your hands frequently with soap and water or use an alcohol-based hand sanitizer.

2. Cover your nose and mouth with disposable tissue when you cough or sneeze. Discard the tissue immediately.

3. Cough and sneeze into the crook of your elbow if you do not have a tissue.

4. Avoid close contact with people who have flu-like symptoms.

5. If you develop fever, cough or difficulty breathing after coming from a country with the Novel Coronavirus, please seek medical attention at the nearest health institution.

Arriving Passengers: If you are exhibiting symptoms of fever, cough or difficulty breathing after coming from a country with the Novel Coronavirus, please advise and Immigration of Port Health Officer.

For more information visit www.health.gov.tt